

Monday, March 5, 2012

1:30 pm – 4:30 pm

New College of Health Science Building, Room 213

A VIDA Program Workshop:
How to Listen For and Code Change Talk



by Dr. Paul C. Amrhein

Columbia University
New York State Psychiatric Institute
Montclair State University

There is an increasing interest in understanding the relationship between what a client/patient says during a clinical interview (e.g., MI, CBT) and what it tells us about their subsequent behavior. Indeed, this relationship may reveal the therapeutic mechanisms that lead to behavioral change. One recently introduced assessment pinpoints client “change talk.”

Change talk refers to expressions of Desire, Ability, Readiness, Reasons, Need, and Commitment that indicate future behavioral improvement or maintenance of the “status quo”.

This approach has received broad empirical support in accounting for clinical treatment outcomes. In this workshop, you will learn how to “code” client/patient speech using this “DARN-C” system, using a lecture and “in-class” exercise format. Other coding schemes will also be discussed and contrasted.

PLEASE RSVP BY March 1, 2012 to
rlanda@utep.edu or call 915-747-6893